

Hi everyone! 😊

Well, here we are! You have come to the end of your time in Scoil Eoin. Congratulations! 🎉
None of us expected to be finishing the year the way that we have. I know how difficult this may have been for you and how disappointed you are about your 6th class year being cut short. You have all handled it so well and have managed to respond to this crisis with such strength and I am so unbelievably proud of you all. 😊

These strange circumstances have taught us many things.

Your hard work and dedication throughout the year and everything you have experienced in the last few months will always stand to you and your ability as a learner. It is also likely that you have acquired many skills and talents that you did not realise you had. You've learned the importance of creating a routine, being organised and working independently and in different environments. These are things that will stand to you greatly as you start your journey into Secondary School.

We have learned to never take anything for granted, even if it is something as small as seeing your friend in the school yard waving to you on a Monday morning, or something as special as the quality time you spend with your families, aunties, uncles, cousins, grannies and grandads. Being able to go to the beach or to the playground or park will forever feel that little bit more meaningful than ever before.

We have learned the importance of looking after others and how our actions can have such a strong impact on the lives of those around us. Staying in during lockdown was incredibly tough for so many, but you have been reminded time and time again just how many lives you have saved by doing this. While I've said this before, by this simple act, you have all become heroes. This idea, that what you do and how you act can affect others, is something I hope you will carry with you throughout life. Your impact on the World is so much greater than you may think! ✨

Although you may be feeling a little nervous or scared about next year, think of it as an exciting opportunity. A chance to show all that you are capable of! You have already grown so much and now you can use everything you've learned to show everyone who you are and what you can do!

Who knows!?

Maybe amongst you is the next president or Taoiseach of Ireland. 🇮🇪

Maybe we will see you performing on the World's stages as talented singers, dancers, musicians or actors! ✨

Perhaps you will be one of Ireland's next greatest sport's stars or Olympians! 🏅

I might find myself in years to come reading books written by you, watching movies starring or directed by you, or admiring your paintings or photographs on display in well-known galleries.



You could be a future scientist, doctor, nurse, entrepreneur or teacher! 🧪 🗉 🧑🏫 🏠

The possibilities are endless and you all have the ability to achieve whatever it is you wish to do. Each and every one of you!!!

I have attached some activities below to keep you entertained and help you to handle the structure of Secondary school i.e. timetables, lockers, organisational skills and tips etc. 📅 Again, if you have any specific concerns or questions about going to Secondary school, I'm here to help and will happily give you as much guidance as I can on Seesaw.

I've learnt so much from you all and hope you continue to follow your dreams! Have an amazing summer ☀️

Ms Gaynor 😊

All book rental books are to be returned to the school on **Thursday 26th or Friday 27th between 6.30 and 7.30 pm**. Please place all books in a bag and **label with your child's name**. These are to be returned to the school hall. Please enter through the front door and exit through the back door.

Transition Scenarios

You have been given a piece of homework that you don't understand how to complete.

What could you do?

Who could you ask?

What might happen if you didn't ask for help?

You have lost your locker key and need to get your P.E. kit out of your locker, ready for the next lesson.

What could you do?

Who could you ask?

Where would be a safe place to keep your locker key?

In maths you realise you have packed the wrong school book and have your science book instead.

How might you feel?

Tell me about what might happen. What could you do?

Who could you ask for help? What might you say to your teacher?

What might help you remember for next time?

It's your P.E. lesson and you have forgotten your P.E. kit.

How might you feel?

Tell me about what might happen. What could you do?

Who could you ask for help?

What might help you remember for next time?



You have forgotten to bring in your history homework, although you have completed it and spent a long time completing it at home.

How might you feel?

Tell me about what might happen. What could you do?

Who could you ask for help?

What might help you remember for next time?

You are late to school in the morning because the bus didn't turn up on time.

How might you feel? What happens when you are late?

What could you do?

What might you say?

Who could help you?



Imagine you are moving to a new school and you don't know anyone in your new year group yet as they all come from different schools. You feel lonely and shy.

What could you do?

What will be the same? What will be different?

What questions could you ask?

How will you feel?

How could you start a conversation with someone you don't know?

At home when you are packing your school bag, you keep getting confused and getting your books mixed up.

How might you feel?

What could you do in this situation?

Who could you ask for help?



This year, you will be catching the bus home. You find the bus stop but the older students keep pushing in front of you in the queue.

Where will you wait for the bus?

How might you feel?

What could you do in this situation?

Who could you ask for help?

You have been given a new timetable but you can't understand the timetable. There are new subjects and it's confusing.

What lessons do you have each day?

How might you feel?

What could you do in this situation?

Who could you ask for help? Who could explain things?

You have been given four pieces of homework to do and you are feeling very worried about getting them all completed on time.

How might you feel?

What could you do in this situation?

Who could you ask for help? Who could explain things?

Are there any homework clubs in school?

You are following your new timetable but keep getting lost moving from lesson to lesson. Everyone else is now in class, ready for their lesson.

How might you feel? Have you ever been lost before?

What could you do in this situation?

Who could you ask for help?



About My New School

Pop Quiz About my New School

- What is the name of my new principal?

_____.

- What time does school start?

_____.

- What time does school finish?

_____.

- If I am taking the bus, do I know which bus stop to get off at?

_____.

- If I am walking/cycling, do I know how long it will take me to get to and from school?

_____.

- What day(s) do I have P.E?

_____.

- What happens if I forget my P.E. gear?

_____.

- What happens if I am late for school or being collected early?

_____.

- Do I know the school rules?

_____.

- Can I use my mobile phone at school?

_____.

- What do I do if I feel sick at school?

_____.

- Do I know who I can talk to if I have a problem I cannot solve by myself?

_____.

My New School Uniform

When you start a new school, you might also get a new uniform. Some schools do not have a specific uniform at all, just a dress code. It is important to wear the correct uniform/dress appropriately. Fill in the boxes below to see if you know what you will look like in your brand new uniform.

<u>School Clothes</u>	<u>P.E. Clothes</u>	<u>What I Cannot Wear</u>

Finding My Way Around

It is a good idea to have a look around your new school so you know where all of the rooms are located. You will be given a tour during your orientation. Below is a list of important rooms. If you think you know where these rooms are from previous experience/tours, tick the box.

Helpful Hint - Get a copy of the school map if you can and keep it somewhere convenient for the first few weeks of school. It will help you to get used to the new building.

<u>Important Rooms</u>	<u>I Know How to Find</u>
My home classroom/tutorial room	
The nearest toilet to my home classroom	
My locker	
The canteen/eating area	
The principal's office	
The staff room	
The reception	
The science labs	
The music room	
The computer room	
The tech room/lab	
The library	
The art room	

Timetables

One of the first pieces of information you will be given in August will be your **timetable**. It's very important because it not only tells you which lessons you will have that day but it also gives you a clue about the equipment you will need to pack in your bag the night before. It also tells you what time each lesson starts and finishes and in which room they will take place.



Usually the timetable will also let you know which teacher you will have for each subject. Instead of just one teacher, you're going to have to get used to ten or more different people being in charge of your class! In some classes you may have two teachers.

You will probably have 5 or 6 different subjects every day and some will be in special rooms. For example science will usually take place in a laboratory.



What does it all stand for?

Starting secondary school means you will start learning many new subjects. These new subjects have long names so sometimes, on lists and timetables, the words are shortened or abbreviated. Match the subjects below to their abbreviated version.

Helpful Hint - Some subjects have more than one abbreviation.

Metalwork

Religion

Civic, Social and Political Education

Physical Education

Science

Music

History

Maths

French

Business studies

Social, Personal and Health Education

Woodwork

Geography

German

Gaeilge (Irish)

Home Economics

Spanish

Technical Graphics

English

SCI

HIS

GEOG

FRE

WOOD

REL

IR

MAT

TG

METAL

BUS

W.WK

MTW

GAE

PE

CSPE

SPHE

GER

MUS

HOME EC

SPAN

TECH

ENG

Timetable Practice - Reading a timetable

Your school timetable is very important as it lets you know what classes you have, where they are, at what time and for how long. Make sure that when you receive your timetable, you keep a number of copies of it in different locations e.g. in your folder, your journal, your school bag, lunchbox, at home. Here is an example of a secondary school timetable. See if you can read it and answer the questions.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:40	ENG RM 6	GAE RM 6	HIS RM 6	MTW RM 20	PE GYM
9:40-10:20	SCI LAB 1	REL RM 6	SCI LAB 1	MTW RM 20	ART ROOM 14
10:20-10:55	HIS RM 6	MAT RM 6	MUS MUSIC RM	GAE RM 6	MAT RM 6
BREAK					
11:10-11:50	GAE RM 6	ENG RM 6	MAT RM 6	GEOG GEOG RM	REL RM 6
11:50-12:25	MUS MUSIC RM	FRE RM 6	ENG RM 6	ENG RM 6	MUS MUSIC RM
12:25-13:05	SPHE RM 6	PE GYM	CSPE RM 6	MAT RM 6	ENG RM 7
LUNCH					
13:45-14:25	MAT RM 6	BUS RM 11	FRE RM 6	ART RM 14	FRE LANG LAB
14:25-15:05	FRE RM 6	ART RM 14	BUS RM 11	BUS RM 11	GEOG GEOG RM
15:05-15:45	GEOG RM 6	HIS RM 6	REL LIBRARY	SCI RM 10	GAE RM 6

How many days a week does this person have Irish? _____

What day do they need to bring their P.E. gear to school? _____

How long is big lunch? _____

When in the week week and in what room does this person have History?

How many times during the week do they have Business Studies? _____

How many different rooms is this person in throughout the week? _____

Which room do they seem to be in most often? _____

Helpful Hint

To make it easier to read your timetable, you can assign a colour to each subject. As mentioned in the helpful hints on staying organised below, put coloured stickers/covers on your copies to match the colours assigned to each subject. This will make it easier when you're grabbing the copies for the right subjects.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:40	ENG RM 6	GAE RM 6	HIS RM 6	MTW RM 20	PE GYM
9:40-10:20	SCI LAB 1	REL RM 6	SCI LAB 1	MTW RM 20	ART ROOM 14
10:20-10:55	HIS RM 6	MAT RM 6	MUS MUSIC RM	GAE RM 6	MAT RM 6
BREAK					
11:10-11:50	GAE RM 6	ENG RM 6	MAT RM 6	GEOG GEOG RM	REL RM 6
11:50-12:25	MUS MUSIC RM	FRE RM 6	ENG RM 6	ENG RM 6	MUS MUSIC RM
12:25-13:05	SPHE RM 6	PE GYM	CSPE RM 6	MAT RM 6	ENG RM 7
LUNCH					
13:45-14:25	MAT RM 6	BUS RM 11	FRE RM 6	ART RM 14	FRE LANG LAB
14:25-15:05	FRE RM 6	ART RM 14	BUS RM 11	BUS RM 11	GEOG GEOG RM
15:05-15:45	GEOG RM 6	HIS RM 6	REL LIBRARY	SCI RM 10	GAE RM 6

- Maths
- English
- Science
- History
- Gaeilge

Homework

Homework



No one likes too much of it but it's just one of those things that you have to do and the more organised you are, the less time you'll have to spend doing it. In first year you may start to get a lot more homework than you have been used to. To help you do this, you will be given a **homework journal** where you can write down what you have to do and when it has to be finished by.

Why is homework important? Homework is vital for success in school. Homework is based on work covered in class so that you can learn efficiently and effectively.

Best practice suggests that the average amount of time per day that should be spent by first year students on homework should be 1½ - 2 hours per day.

Certain subjects like Maths, English and Irish get homework nightly others on every other day, others still on a weekly basis. Getting structure and a sense of organisation at an early stage of secondary school is important. Learning how to successfully manage your time is an invaluable life skill and will make the transition into your new environment a whole lot easier.

Parents may sign your homework journal at the end of every week to ensure that you are keeping up to date with your work.



Planning your homework

		DUE	DONE
Forget:			
Gaeilge	Design a poster for a Gaeltacht College describing their Summer Course.	THURSDAY	✓
English	Research your favourite music group - Albums - Songs Achievements	FRIDAY	
Maths	Algebra Qs p.20 a) - d)	THURSDAY	✓
Forget:			

Your school day in secondary school will look a lot different to when you were in primary school. **Some days you may have nine different subjects, while another day you may have five different subjects.** You may not study each subject every day of the week. **When your teacher assigns homework to you, check when you next have the subject.** There is **no need to overload yourself** with all that day's homework all in the one night! **Organise yourself, your materials and your time.** **Check when** your homework is **due.** **Prioritise** what must be done for the next day and **allow yourself time** the next day for homework which is due on a later date. This will allow you manage your time after the school day finishes without feeling overwhelmed about what you must do.

When you complete your homework, **tick that you have completed it so you can concentrate on what to do next!**

1. How will I know what to do? _____

2. How long will I have to complete it? _____

3. What should I do if I get confused when I'm writing the homework instructions in my diary?



4. What will happen if I forget to do it or forget to bring it in?



5. What should I do if I find the homework is too difficult?

Lockers

Tips to help keep your locker organised

1. Decide how you will stack you books in your locker



2. Keep the books you need in the morning (before break) on the top of your stack or at the beginning of your row of books - stacking books side by side can make it easier to take the books in and out.
3. Colour coding your books can make them easier to find in your locker too. - this may be done by colouring your books in coloured paper or putting coloured stickers on the binding.
4. Consider having an extra set of supplies at home - ruler, calculator, protractor, Eng/Irish dictionary, copies
5. Post a copy of your timetable on your locker door where you can see it easily.

You can go to the locker in the morning before school, at small break, at lunch time and at the end of the school day. You cannot go to your locker between classes.

1. What should I have in my locker?

2. What if someone else wants to use my locker?

3. When can I go to my locker?

4. What do I feel about having a locker?

5. What if I forgot something?

6. What should I do if someone is in my way when I am trying to get to my locker?



As you will now be studying lots of different subjects, **you will have lots of books and copies to organise.**

Some useful tips for organisation:

- **Colour -coding**
Colour-code your books, copies etc, that way when it's time for English, you can grab all the books with a yellow sticker, or blue for maths etc. Colour-code your timetable too.
- **Heavy Duty folders**
Sometimes called **Mesh storage wallets**, these come in various sizes. **They are great for holding all the materials you need for each subject in one place.**



- **Empty your bag!**
You don't want to look like a snail going on holidays! Or to damage your back by carrying all your books for the whole day with you. Leave your books in your locker when you don't need them. **Take the first set of books that you will need until breaktime, change them at breaktime for the next set of books, change them at lunchtime again and finally before you go home.**

Equipment



In primary school, most of the equipment you need is kept in the classroom but at secondary school, you will be expected to have your own pencils and pens and you will have to carry them all around with you. There are lots of other things you might need too.



Circle the equipment you will probably need and draw in any more you can think of:



It might seem like an awful lot to remember but try not to worry about it. You can get your parents or your class tutor to write a list of the things you will need for each day. You could then tick each item off as you pack your bag. Make sure you pack your bag the night before!!

How to Prepare for the Next Day

1. Part of homework is preparing for the next day in school.

This is done by:

- a. Checking that you have your locker key
 - b. Looking at tomorrow's timetable.
 - c. Packing all books, copies and equipment (P.E., Home Economics, Art, Technical Graphics etc.) needed for tomorrow's classes
 - d. Don't forget to allow yourself enough time in the morning before class and at big lunch to access your locker for the necessary books for morning and afternoon classes.
2. Make sure your journal is checked and signed and all notes from teachers are signed.
3. Check if you are to bring any of the following with you:
 - a. Absentee note
 - b. Medical note
 - c. Money for some activity. IF SO, PACK IT THE NIGHT BEFORE.

Getting organised for school

It is important to be organised when starting secondary school. Here are a few questions to help you get ready.

1. Is my name on all my books and copies?

Helpful Hint - Try using different colour stickers/covers to keep organised. Or have different large, zipped, heavy-duty folders for each subject's books, workbooks, copies and equipment. Make sure they're clearly labelled.

2. How do I pack my school bag to make it easier to keep organised?

Helpful Hint - Choose a bag with a few different compartments. Try putting big books in the back and smaller ones to the front. Put all sheets into a folder and keep your journal somewhere easy to find.

3. Do I fill my homework journal every day?

Helpful Hint - In secondary school you will have different subjects on different days so it's a good idea to write your homework for each class into your journal straight away.

4. Do I check my homework journal every night?

Helpful Hint - Check your journal every night as you may forget that you have something due the following day. Having different subjects every day means that you may not have a piece of homework due for a few days or even a week but you need to make sure you don't forget about it.

5. Do I check my timetable every morning before I go to school to make sure I have everything I need the day in my school bag?

Helpful Hint - It's a good idea to check what classes you have that day in the morning, before school, so that you can be confident you have all the books/equipment you need. It might be a better idea to have this done the evening before!

6. **Remember** you don't have to bring all of your books every day! You just need to make sure you have the ones for the subjects on that day.

7. If you are having problems, let someone know. Remember, lots of people find their first year difficult but there are so many people to help you if you just tell them you need it.

Helpful organisational tips

1. Make a 'To Do' list

List items in order of how you will complete them (e.g. easy item first, then hard item, then an easy one etc.)

2. Calendar

Have a calendar in your bedroom; write down all upcoming events, training sessions, projects/assignments due etc.

3. Folders

Keep folders for different school subjects - large zipped folders are probably the sturdiest for books but also you may need a folder with poly-pockets for any worksheets you are given.

4. Post-it Notes

Use post-it notes to write down reminders for yourself or to mark important topics/information in your books.

5. Reminders

Put reminders on your phone e.g. get permission form signed by parents, remember ingredients for Home-Ec, bring P.E. gear etc.

6. Calendar on Phone

Use the calendar on your phone to add events coming up

7. "To-Do" and "Finished/Complete" boxes

Make your list of what is to be done and put a box for when you have the task completed. It always feels great to be able to tick something off when it's done!

Getting Organised

In secondary school, you will need to follow a timetable, which will tell you when and where all your lessons are.

Each day, you will need to look at your timetable to make sure you have packed everything you need in your school bag.

1.

Maths M7	Science Lab 1	Science Lab 1	Lunch	P.E Gym	Geography G3	Library
-------------	------------------	------------------	-------	------------	-----------------	---------

Write below what you would need to pack in your school bag for this day:

2.

Spanish MFL 4	English E2	Cookery Tech 2	Lunch	Art Art 1	D.T Tech 3	R.E R5
------------------	---------------	-------------------	-------	--------------	---------------	-----------

Write below what you would need to pack in your school bag for this day:

Ideas:



Geometry set Calculator Spanish/French dictionary PE kit
 Lunch money Reading book Materials for art project
 Pencil case with handwriting pen Pencils and sharpener Ruler
 Ingredients Weekly planner/diary Science folder

Getting Ready for the Secondary School Day

Here is an example of a secondary school timetable. Look carefully at the timetable, read the information underneath and then answer the questions.

Day of the Week	Period 1	Period 2	Period 3	Lunch	Period 4	Period 5
Monday	PE	Maths	English	Packed Lunch	Science	History
Tuesday	Spanish	Food Technology	French	School Dinner	Business Studies	English
Wednesday	Science	Maths	PE	School Dinner	Geography	Technology
Thursday	French	English	Business Studies	Packed Lunch	Coaching Time	Geography
Friday	Science	Spanish	Maths	School Dinner	History	PE

- For food technology, you need to take in the ingredients you need to make your food.
- For PE, you need your PE kit.
- For every other lesson, you need to take your homework in.
- For **all** lessons, you will need your planner.
- When you are having a packed lunch, you will need to remember to take it with you.
- When you are having a school dinner, you need to make sure you have enough money with you.
- You go to school on the bus every day so you need your bus pass **every day**.

Getting Ready for the Secondary School Day

Use the information you have to answer the questions below. Think about which lessons you have and what else you might need for the day.

1. It is Monday tomorrow. What do you need to pack into your school bag? _____

2. It is Thursday tomorrow. What do you need to pack into your school bag? _____

3. It is Friday tomorrow. What do you need to pack into your school bag? _____

4. It is Tuesday tomorrow. What do you need to pack into your school bag? _____

5. It is Wednesday tomorrow. What do you need to pack into your school bag?



Rumours

Most people in your class will probably want to talk about going to secondary school because it's a big step for you all. It's good to talk about all the exciting things ahead of you and it's also good to tell each other about the things you're a bit worried about.



Sometimes though pupils can scare each other unnecessarily because they have listened to **rumours** about what the school is like.

Look up the word "rumour" in the dictionary and write the definition here:

Very often rumours are exaggerated stories. Rumours may have an element of truth in them but usually they contain a lot of things which aren't true. It's best to listen to the **facts** that members of staff tell you rather than the **rumours** pupils from the school might tell you.

Write down some of the rumours you have heard:



How many people are in your 6th class?

How many years have you known them?

How many adults are there in the room?



Most children in your class will feel comfortable and happy because they know everyone very well and feel like they belong. Just having one teacher can make you feel safe too. Going to secondary school can be different because you won't know everyone and it may take a bit of time to feel like you 'belong' in your new class.

The important thing to remember is that EVERYONE will feel the same way and that you're not alone. It's actually a good opportunity to make new friends and learn from new adults.

I am looking forward to meeting...

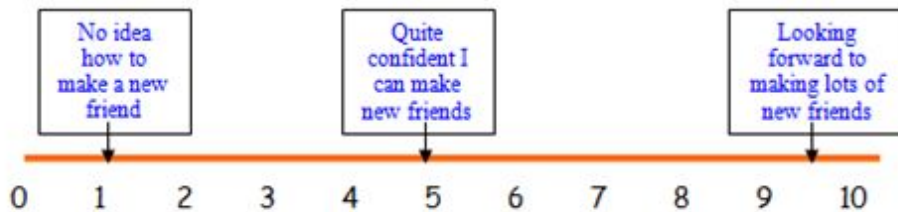
Make a list of all the people you already know who will be with you in secondary school.

Making Friends

Everyone has strengths and weaknesses. Some pupils find it really easy to get to the top level on a computer game whilst others never get past Level 1. Some pupils have no problems drawing amazing life-like pictures whilst others find it difficult to draw a good stick-man.

It's the same with making friends. Some pupils love meeting new people, are very chatty and make lots of friends easily. Others don't know how to begin to make even one new friend.

Where do you think you are on the friendship scale?



Below are a few hints and tips to help you make a new friend. Why don't you practise with a classmate?

- Smile
- Tell them your name and ask what they're called
- Find out what they are interested in
- Talk about shared interests - you both might like computers
- Ask them if they want to do something at break-time

Making New Friends



In primary school you probably felt comfortable and happy because you knew everyone very well. Going to secondary school can be different because **you won't know everyone and it may take a bit of time to feel like you 'belong' in your new class and year**. The important thing to remember is that **EVERYONE will feel the same** way and that you're not alone. It's actually a **good opportunity to make new friends**.

Some pupils love meeting new people, are very chatty and make lots of friends easily. Others don't know how to begin to make even one new friend. Below are a few hints and tips to help you make a new friend.

- Smile.
- Tell them your name and ask what they're called.
- Find out what they are interested in.
- Talk about shared interests – you both might like computers.
- Ask them if they want to do something at break-time.

A Guide to Making Friends

Top Tips!

- Smile
- Ask questions
- Join new clubs
- Try new things
- Accept that we are all different
- Be a good listener and interested in what people are saying
- Treat people as you would like to be treated
- Avoid gossiping or making jokes at the expense of others
- Share interests – find what you have in common



Think of three interesting things about yourself:

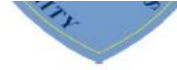
1. _____

2. _____

3. _____

Advice

Some Good Advice from First Year Students 2018/2019



Homework

Always have your journal with you. It's the most important book in your bag.

Take down all your homework. Don't depend on your memory.

Do the learning first, then the written part.

Do your homework the day you get it

Never say you have no homework. There's always revision to be done

Do your homework when you get home before you're completely exhausted.

If you're at a match have an arrangement with a friend who will pass homework onto you

Lockers

Be as tidy as possible because lockers are very small

Have a copy of your timetable stuck to the inside of the door

Have books and copies for each subject in a different coloured folder

Always use a lock or else it's your own fault if stuff gets lost

Go early to your locker at break because most leave it to the last minute

Try to only take home books that you need for homework. The school bag is already heavy without extra books

Activities

Join as many activities as you can. I made loads of friends there

If you're shy just go along. Everyone feels the same at the start of the year

Friendship

Talk to everyone..not while the teacher is talking though!

There is lots of group work so lots of chances to talk and get to know people

There's are SPHE and Care classes. This is where you get a chance to talk about mental and physical health issues, growing up, coping strategies and life in general

Try to join a group for lunch

If you run into any problems you can talk to your class teacher, year head or the chaplain. They are very easy to talk to.

Don't worry if you're not in class with your primary school friends. It's probably for the better because you will make new friends and still have your old friends

Rules

Most are there to make our lives easier and safer so don't be afraid of it being too strict

If you do something stupid just own up

Top Tips for Surviving Secondary School!



Look at your timetable and make sure you know where to go and when.

Be prepared!



Make sure you have the right books and equipment with you for each lesson.

Be organised!

Teachers won't expect you to get every answer right, but they will be impressed if you try your best and 'have a go' at learning new things.



Be enthusiastic!



Be resilient!

Sometimes things won't go your way - they will be difficult or unfair or embarrassing. This is normal and happens to everyone, so don't worry. Just say to yourself, 'tomorrow's another day'...



Be brave!

It might seem hard to make new friends, but everyone is feeling the same way. Say hello!

If someone else seems to be having a hard time, try to help. This is a good way to make friends and hopefully they will return the favour.



Be kind!

If you do something wrong or forget something, it's much better to own up straight away.



Be yourself!

Believe in yourself! You can do it!



Be honest!

Activities for the Summer

Physical Education

PE with Joe Wicks

- <https://www.youtube.com/playlist?list=PLyCLOpd4VxBsXs1WmPceKtsQyFbXTf9FO>

PE with Coach Ciarán

- <https://www.youtube.com/channel/UC4i3Jy3V8pkgeoWCY1rDvQQ/videos>

Just Dance Workouts

- <https://www.youtube.com/channel/UCOVlhde7N5uGDIFXXWWEbFQ/videos>

Cosmic Kids Yoga

- <https://www.youtube.com/user/CosmicKidsYoga>

Dance Class with Oti Mabuse

- <https://www.youtube.com/user/mosetsanagape/playlists>

Indoor Soccer Drills


- <https://www.youtube.com/watch?v=coQdgX1XbEM>

Karate for Kids

- <https://www.youtube.com/watch?v=sRNQulicqo4>































Check out the Virtual Sports Day on the School App!!

Reading



Summer Reading Bingo

© The Mum Educates

Read to your sibling  Date: _____	Read in a tent  Date: _____	Read by flashlight  Date: _____	Read by a seaside  Date: _____	Read with a friend  Date: _____
Read in bed  Date: _____	Read in a garden  Date: _____	Read by a pool  Date: _____	Read an eBook  Date: _____	Read with a grown up  Date: _____
Read under a tree  Date: _____	Read a non-fiction book  Date: _____	Read a joke book  Date: _____	Read a book in the library  Date: _____	Read a cookbook  Date: _____
Read in your pyjamas  Date: _____	Read a biography  Date: _____	Read a kid's magazine  Date: _____	Read for 30 minutes  Date: _____	Read in a playhouse  Date: _____
Read a newspaper  Date: _____	Read a book of your favourite author  Date: _____	Read in your car  Date: _____	Read about nature  Date: _____	Read to a pet  Date: _____
Read a poem  Date: _____	Read a scary story  Date: _____	Read in a blanket  Date: _____	Read under the stars  Date: _____	Read a mystery  Date: _____

Sudoku Puzzles

	9	3	1		5	6	4	
7								5
5		1	2		9	3		7
2								3
	3	6	9		7	5	2	
9								1
3		2	4		8	1		9
6								4
	4	7	3		2	8	5	

						9	2	6
2	6		9	1		5		
	5	4		3				
6			8		5		9	7
8								1
5	4		1		9			2
				2		1	6	
		2		9	6		3	5
3	8	6						

1	7		8					9
		6		1				7
					7			5
		4	9		5			8
	8			6				9
9			4		3	5		
	5		7					
7				9		6		
8					6		2	1

5		1				6		4
	9		3		6		5	
				9				
4								9
			1		9			
7								6
				2				
	8		5		7		6	
1		3				7		2

Brain Teasers

- What letter is next in the sequence? M, A, M, J, J, A, S, O, ___
- What can run but never walks, has a mouth but never speaks, has a head but never weeps and has a bed but never sleeps?
- What's full of holes but still holds water?
- What happens once in a minute, twice in a moment but never in a year?
- What can you see in the pictures below?

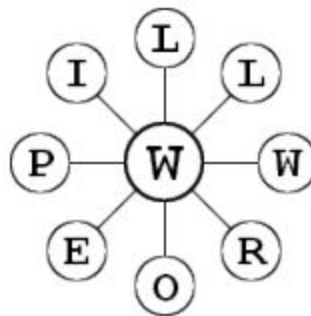


- Can you find the missing words by changing just one letter each time?

EXAMPLE: CAT -> COT -> DOT -> DOG

FIR -> _____ -> _____ -> OAK

- Using the grid below, how many words can you find? Each word must contain the central W and no letter can be used twice, unless it's in the grid more than once. The letters do not have to be connected. Proper nouns (names) are not allowed, however plurals are. There is at least one nine letter word.



Outdoor Art Ideas

Name:		Class:		
Colour in the boxes to show which activities you have done.				
Paint some pebbles and turn them into colourful creatures.	Take some paper outside and do a landscape drawing.	Sketch some pretty flowers.	Make a fingerprint minibeast painting.	Chalk some patterns, pictures and words on the ground.
Make shadow shapes on a wall and, if possible, ask an adult to take some photographs.	Blow bubbles and explore the different colours you can see in them.	Make a collage of some of the living things you can see when outside.	Use feathers, beads and other objects to make an eye-catching wind chime.	Lie back and see what shapes you can see in the clouds, then draw what you see.
Fill an empty washing-up liquid bottle up with water and write words on the ground.	Fill some water balloons and throw them at a wall. Look at the strange patterns they make!	Make a collage out of tissue paper and hang it in the garden so that the sun can shine through it.	When the sun is shining, use the mist from a garden hose to make a rainbow.	Use large sheets of paper, an old pair of shoes and some paint to make some footprint art.

Music Ideas

- Listen to a song and draw how it makes you feel
- Design and draw a new musical instrument
- Create beats on <https://www.incredibox.com/demo/> (website version)
- Explore Chrome Music Lab: <https://musiclab.chromeexperiments.com/Experiments>
- Write a parody song (change the words of a song that already exists)
- Create background music to a short story, using items around the house

Gaeilge

Yoga as Gaeilge le Twigín Yoga

<https://rtejr.rte.ie/category/rtejr-blog/yoga/>

10@10 with RTÉjr

Irish exercises as Gaeilge with RTÉjr.

Click on Gaeilge and then on Download at <https://rtejr.rte.ie/10at10/>

Smarty Cat Games

Games to help children learn Irish and French in a fun and exciting manner:

<http://www.smartycatgames.ie/>

English

Listen to Audiobooks and read eBooks using the Libraries Ireland BorrowBox App:

Libraries Ireland have a large selection of books to listen to/read and now you can access them straight away! Just go to <http://librariesireland.ie/join>, complete the registration, set a PIN and you'll be able to log in to Borrowbox with those details to download eBooks and audiobooks.

INTERVIEW A FAMILY MEMBER & WRITE A SHORT BIOGRAPHY ABOUT THEM	WRITE A DIARY ENTRY ABOUT YOUR DAY	AN ALIEN IS KNOCKING AT YOUR DOOR! WHAT DO YOU DO NEXT?	INVENT A NEW RECIPE (INCLUDE INGREDIENTS & INSTRUCTIONS)	A PORTAL OPENS UP IN FRONT OF YOU. YOU JUMP THROUGH. WHAT HAPPENS NEXT?
WRITE A STORY WITH AT LEAST 3 PROBLEMS IN IT	WRITE A BOOK OR FILM REVIEW & EXPLAIN WHAT YOU LIKED / DIDN'T LIKE	LOOK OUT OF THE WINDOW AND DESCRIBE WHAT YOU SEE	COMPLETE A WRITING CHALLENGE FROM AUTHORFY.COM	OPEN A BOOK. SELECT RANDOM WORDS & WRITE A POEM USING THOSE WORDS
AN ANIMAL STARTS TALKING TO YOU! WHAT MIGHT YOU SAY TO EACH OTHER?	DRAW YOUR OWN MONSTER OR CREATURE & TAKE IT ON AN ADVENTURE	<i>Daily writing prompts from Authorfy</i>	WRITE SOME FAN FICTION BASED ON CHARACTERS YOU LOVE	WRITE A SHORT STORY WHERE YOU TRAVEL TO THE PAST OR FUTURE
WRITE A LETTER TO YOUR FAVOURITE AUTHOR	YOU COME ACROSS A CLOSED DOOR. WHAT'S BEHIND IT?	WRITE A STORY OR POEM THAT STARTS WITH THE WORD 'HELLO'	KEEP A FOOD DIARY. CAN YOU DESCRIBE WHAT EACH FOOD TASTES LIKE?	WRITE A NONSENSE POEM IN 5 MINUTES (WITHOUT LIFTING YOUR PEN OFF THE PAPER!)
WRITE ABOUT YOUR FAVOURITE MEMORY	IMAGINE A HOUSEHOLD OBJECT COMES TO LIFE. WHAT WOULD IT SAY?	A LETTER BLOWS INTO YOUR BEDROOM WINDOW. WHAT DOES IT SAY?	WRITE ABOUT SOMETHING THAT IS IMPORTANT TO YOU	CREATE A SUPERHERO & SUPERVILLAIN. WHAT DO THEY BOTH WANT?

VISIT AUTHORFY.COM FOR FREE AUTHOR VIDEOS, RESOURCES & WRITING CHALLENGES

Visual Arts

The Glucksman and Creativity At Home:

Art Activities Online. Each day, they share new art activities and video tutorials. They will post your artwork in their galleries:

<http://www.glucksman.org/exhibitions/creativity-at-home>

How to Draw with Sheila Flaherty:

<https://www.youtube.com/watch?v=3hSWT86uyxk&feature=youtu.be>

Jarrett Lerner drawing tips and techniques:

<https://www.youtube.com/watch?v=y1p2FaYmes8&feature=youtu.be>

Drawing lessons with Graham Shaw: <https://www.youtube.com/watch?v=7TXEZ4tP06c>

Met Éireann:

Welcome to Met Éireann's Primary School Resources page, where parents, teachers and children will find resources that have been designed for use in primary schools in Ireland: <https://www.met.ie/education/school-resources>

World Book Online from Scoilnet:

All students in the Republic of Ireland have open and free HOME access to World Book Online, a child-friendly online encyclopaedia. It's perfect for that project you've been waiting to put together: <https://scoilnet.ie/scoilnet-services/world-book/>

52 STEAM CHALLENGES FOR CREATIVE KIDS

- Build An Insect Hotel
- Hold a Building Challenge
- Make a Toy Car Marker Bot
- Create a PVC Pipe Slingshot
- Try to make Circuit Bugs
- Do The Egg Drop Challenge
- Experiment with Rainbow Reactions
- Design Number Art
- Make Color Changing Play Dough
- Try Your Hand At Graffiti Art
- Experiment with Oil & Watercolors
- Try Glow Stick Light Painting
- Make a fun Bubble Tray
- Play With Ribbon Rockets
- PLAY a Roll & Color Game
- Make a DIY Outdoor Tinker Wall
- Take a spin at Pendulum Painting
- Try an If-Then Coding Game
- Make a Nature Art Mandala
- Bubble Engineering Challenge
- Create Scent Boxes
- Mix up Edible Polymer Gummies
- Explore Symmetry With Play Dough
- Discover Sound Spinners
- Experiment with Rainbow Diaper Science
- Grow Rock Candy Geodes
- Observe Growing Seeds Science
- Grow Mama Succulent Leafs
- Make 3-D Puffy Paint
- Have Fun with Fungus
- Engineer Paper Circuits
- Design a Craft Stick Catapult
- Build Clay & Block Structures
- Try a Mud Brick Challenge
- Make Milk Plastic Bracelets
- Create Rotational Symmetry Art
- Explore Prism Play
- Discover Bleeding Blossoms
- Play with a 3-D Color Wheel
- Design a Bedroom Planetarium
- Engineer Bottle Rockets
- Create a Stop Action Video
- Eat a Candy Maze
- Play the Hare and Hounds Game
- Simple Machine Challenge
- Mix Up Yummy Comet Ice Cream
- Make a Pool Noodle Periscope
- Discover Gelatin Science
- Design Homemade Drums
- Play with a Crazy Monster Pet
- Explore Growing Shadow Artwork
- Create a Crystal Landscape

STEAM KIDS

hands-on projects for kids

Maths

Maths Playground - <https://www.mathplayground.com/>

Maths puzzles and challenges - https://www.homeschoolmath.net/online/favorite_puzzles.php

Maths puzzles and challenges from Maths Week Ireland - <https://www.mathsweek.ie/2019/resources-puzzles/>

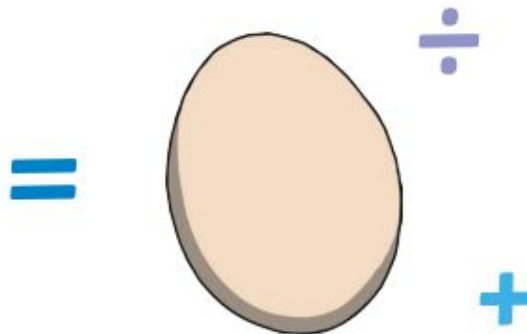
Maths Week Practical Challenge

You have 30 minutes to create a bridge using spaghetti. Can you make it the strongest?



Maths Week Practical Challenge

You have 30 minutes to make something out of newspaper to protect an egg. The egg will be dropped from a height. Can you stop the egg from breaking?



Maths Week Practical Challenge

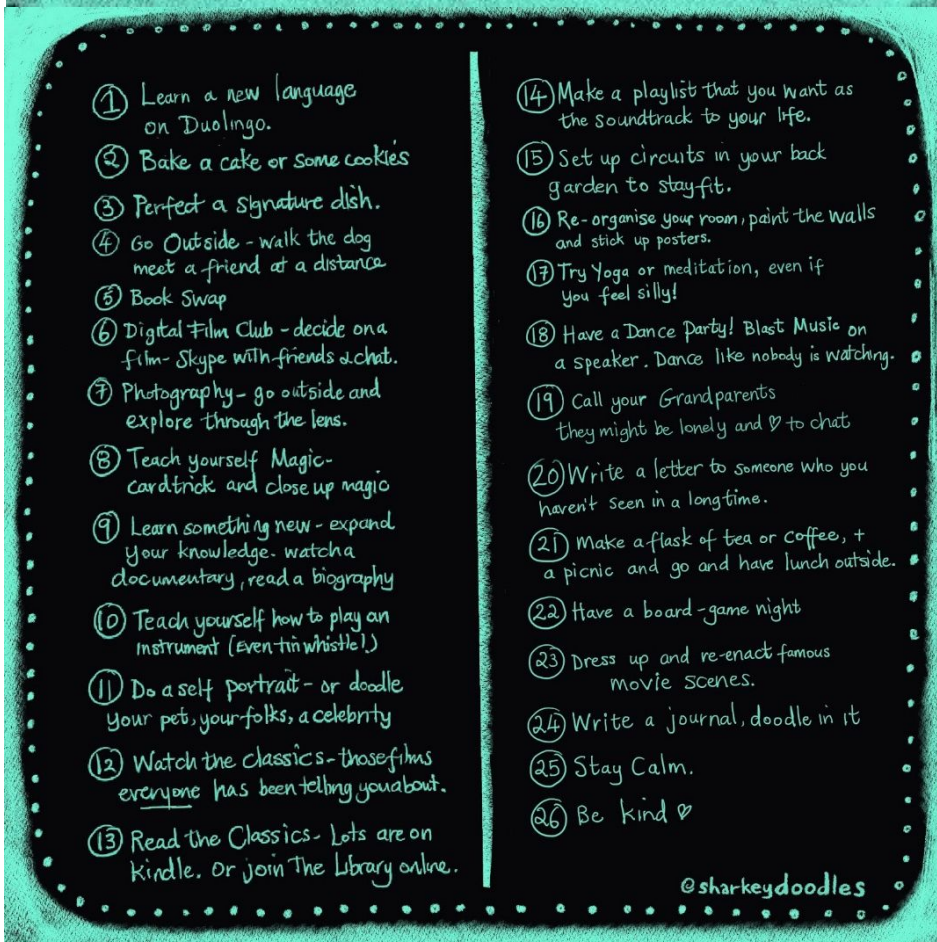
You have 30 minutes to create a platform out of pasta. Can it hold your weight without breaking?



Maths Week Practical Challenge

You have 30 minutes to make a chair out of newspaper. How long can it hold your weight for without collapsing?





**Home Activities for older children!
Colour in all the ones you get done!**

@magicmuinteoir

Make up a wordsearch	Make up a quiz	Paint something	Pair your socks	Build a tower of cards	Keep a diary	Take a Go Noodle break (gonoodle.com)
Take part in the #wewilldraw challenge on Twitter (@WillSlincy)	Go colouring! (Lots of mindfulness colouring on Twinkl.ie)	Make a marble run out of recyclable objects	Compose a letter to a famous person you admire.	Make a Lego maze	Help to make lunch or dinner	Make a paper airplane
Build a fort!	Do a mini project on your favourite animal/ country	Write a new ending for your favourite story	Listen to the "Peace Out" podcast	Put on your favourite song and dance!	Make your bed every day	Keep a wellness journal (printable from walkinmyshoes.ie)
Spend some time outside every day	Play a board game	Play 20 questions	Design a new cover for your favourite book	Build a bridge using only newspaper	Cook/ Bake something you've never tried before	Check out the #creativebursts activities on Twitter (@sarahwebbshere)
Do a jigsaw	Watch something on Cúla4/ TG4	Try some sudoku	Fold and put away your clothes	Take part in The Daily Mile (run/jog for 15mins a day)	Read a story to your sibling/ pet	Tidy your bedroom
Play shop with real money	Make a crossword	Read for at least 15 mins every day	Hide something and make a treasure map to find it.	Take a line for a walk	Make some paper chains	Make a collage out of leaflets/ magazines/ newspapers